

Compiled Scores

Name	Comments	Overall Score



® Eastern Division  
**Senior  
S & T  
Evaluation**

# **ADVOCATE SCORE CARD**

Group: .....

Location: .....

Date: .....

Evaluator: .....

*E-opofa-Feb2010*

Compiled Scores

Name	Comments	Overall Score



® Eastern Division  
**Senior  
S & T  
Evaluation**

# **ADVOCATE SCORE CARD**

Group: .....

Location: .....

Date: .....

Evaluator: .....

*E-opofa-Feb2010*

# Empty Toboggan

Terrain: More to most difficult, smooth and moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Selects appropriate route
7. Uses short swing turns as appropriate
8. Demonstrates use of skill maneuvers as appropriate
9. Performs effective emergency stop if asked
10. Ensures minimal slipping or bouncing of the toboggan
11. TELEMARCK turns may be used, but not required

## Critical Standard:

Does the candidate safely and efficiently control the Empty Toboggan while predominately skiing to the accident site?

Slope:	Date:
Conditions:	

## Long Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Empty Toboggan

Terrain: More to most difficult, smooth and moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Selects appropriate route
7. Uses short swing turns as appropriate
8. Demonstrates use of skill maneuvers as appropriate
9. Performs effective emergency stop if asked
10. Ensures minimal slipping or bouncing of the toboggan
11. TELEMARCK turns may be used, but not required

## Critical Standard:

Does the candidate safely and efficiently control the Empty Toboggan while predominately skiing to the accident site?

Slope:	Date:
Conditions:	

## Long Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Long Radius Turns

Terrain: More difficult, smooth

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape, measuring more than 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of pole plants -- no double pole plants. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

## Critical Standard:

Does the candidate link turns with consistent size and shape measuring greater than 30 feet with minimal skidding and no traversing?

Slope:	Date:
Conditions:	

## Empty Toboggan

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

# Long Radius Turns

Terrain: More difficult, smooth

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape, measuring more than 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of pole plants -- no double pole plants. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

## Critical Standard:

Does the candidate link turns with consistent size and shape measuring greater than 30 feet with minimal skidding and no traversing?

Slope:	Date:
Conditions:	

## Empty Toboggan

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

# Front -- Loaded Toboggan

Terrain: More to most difficult, smooth and moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Selects appropriate route
7. Controls decent without abrupt starts and stops by either chain brake usage, skill maneuvers, or both
8. Demonstrates use of skill maneuvers as appropriate
9. Effective communication (verbal and non-verbal) with patient and Tail Rope
10. SNOWBOARDERS can face up hill when positioned toe side

## Critical Standard:

Does the candidate safely and efficiently control the toboggan while monitoring the patient?

Slope:	Date:
Conditions:	

## Medium Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Front -- Loaded Toboggan

Terrain: More to most difficult, smooth and moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Selects appropriate route
7. Controls decent without abrupt starts and stops by either chain brake usage, skill maneuvers, or both
8. Demonstrates use of skill maneuvers as appropriate
9. Effective communication (verbal and non-verbal) with patient and Tail Rope
10. SNOWBOARDERS can face up hill when positioned toe side

## Critical Standard:

Does the candidate safely and efficiently control the toboggan while monitoring the patient?

Slope:	Date:
Conditions:	

## Medium Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Medium Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape measuring between 15 and 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes and moguls
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

## Critical Standard:

Does the candidate link turns with consistent size and shape between 15 and 30 feet with minimal skidding?

Slope:	Date:
Conditions:	

## Front -- Loaded Toboggan

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Medium Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape measuring between 15 and 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes and moguls
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

## Critical Standard:

Does the candidate link turns with consistent size and shape between 15 and 30 feet with minimal skidding?

Slope:	Date:
Conditions:	

## Front -- Loaded Toboggan

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Tail Rope -- Loaded Toboggan

*Terrain: More to most difficult, smooth and moguled*

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Strives for optimal and safest position behind the toboggan
7. Effectively manages the rope
8. Demonstrates use of skill maneuvers without interruption to the front operator, as appropriate
9. Anticipates the front operator's direction changes and maneuvers
10. Assists with braking activity -- either planned or for an emergency stop
11. SNOWBOARDERS should maintain heel side through entire demonstration -- no transitions required

## Critical Standard:

Does the candidate safely and effectively manage the tail rope, using appropriate skill maneuvers, while maintaining optimal position for braking or an emergency stop?

Slope:	Date:
Conditions:	

## Short Radius Turns

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

# Tail Rope -- Loaded Toboggan

*Terrain: More to most difficult, smooth and moguled*

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Strives for optimal and safest position behind the toboggan
7. Effectively manages the rope
8. Demonstrates use of skill maneuvers without interruption to the front operator, as appropriate
9. Anticipates the front operator's direction changes and maneuvers
10. Assists with braking activity -- either planned or for an emergency stop
11. SNOWBOARDERS should maintain heel side through entire demonstration -- no transitions required

## Critical Standard:

Does the candidate safely and effectively manage the tail rope, using appropriate skill maneuvers, while maintaining optimal position for braking or an emergency stop?

Slope:	Date:
Conditions:	

## Short Radius Turns

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

# Short Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape, measuring no greater than approximately 15 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes and moguls
9. Maintains fall line decent
10. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
11. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

## Critical Standard:

Does the candidate link turns with consistent size and shape measuring approximately 15 feet with minimal skidding?

Slope:	Date:
Conditions:	

# Tail Rope -- Loaded Toboggan

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

# Short Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape, measuring no greater than approximately 15 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes and moguls
9. Maintains fall line decent
10. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
11. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

## Critical Standard:

Does the candidate link turns with consistent size and shape measuring approximately 15 feet with minimal skidding?

Slope:	Date:
Conditions:	

# Tail Rope -- Loaded Toboggan

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

# Sideslip Skill

Terrain: Most difficult, moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Demonstrates a transition maneuver to change direction
7. Demonstrates consistent speed in all direction changes and terrain changes
8. SNOWBOARDERS must show both heel and toe side skill
9. Demonstrates a kick turn or the alternative turn method (ATM)

## Critical Standard:

Does the candidate maintain effective movement by slipping the edge(s) in either direction without traversing, and performs effective kick turn/ATM?

Slope:	Date:
Conditions:	

## Ski/Ride Ability

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Sideslip Skill

Terrain: Most difficult, moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Demonstrates a transition maneuver to change direction
7. Demonstrates consistent speed in all direction changes and terrain changes
8. SNOWBOARDERS must show both heel and toe side skill
9. Demonstrates a kick turn or the alternative turn method (ATM)

## Critical Standard:

Does the candidate maintain effective movement by slipping the edge(s) in either direction without traversing, and performs effective kick turn/ATM?

Slope:	Date:
Conditions:	

## Ski/Ride Ability

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Ski/Ride Ability *Moguled Terrain, Crud, Icy Conditions*) Terrain: Most difficult, smooth moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Confidently demonstrates control
7. Confidently demonstrates linked turns or skill maneuvers
8. Demonstrates adaptability to terrain changes
9. Performs trail check and can verbalize terrain suitability for skiing public
10. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. Hop TELEMARK turns may be used in some snow conditions. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.

## Critical Standard:

Does the candidate demonstrate confidence in varying snow surfaces and terrain with a variety of turns and skill maneuvers ?

Slope:	Date:
Conditions:	

## Sideslip Skill

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Ski/Ride Ability *Moguled Terrain, Crud, Icy Conditions*) Terrain: Most difficult, smooth moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Confidently demonstrates control
7. Confidently demonstrates linked turns or skill maneuvers
8. Demonstrates adaptability to terrain changes
9. Performs trail check and can verbalize terrain suitability for skiing public
10. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. Hop TELEMARK turns may be used in some snow conditions. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.

## Critical Standard:

Does the candidate demonstrate confidence in varying snow surfaces and terrain with a variety of turns and skill maneuvers ?

Slope:	Date:
Conditions:	

## Sideslip Skill

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Snowplow Skill

Terrain: *More difficult, moguled*

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Demonstrates snowplow over terrain changes
7. Demonstrates consistent speed in all direction changes and terrain changes
8. Stops in a snowplow position (skiing specific) or with a "hockey stop" maneuver at the end of the course
9. SNOWBOARDERS shall ride heel side through entire demonstration

## Critical Standard:

Does the candidate maintain effective movement by slipping the edge(s) with minimal raiing during terrain changes and performs a controlled stop at the end?

Slope:	Date:
Conditions:	

# Equipment Carry

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Snowplow Skill

Terrain: *More difficult, moguled*

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Demonstrates snowplow over terrain changes
7. Demonstrates consistent speed in all direction changes and terrain changes
8. Stops in a snowplow position (skiing specific) or with a "hockey stop" maneuver at the end of the course
9. SNOWBOARDERS shall ride heel side through entire demonstration

## Critical Standard:

Does the candidate maintain effective movement by slipping the edge(s) with minimal raiing during terrain changes and performs a controlled stop at the end?

Slope:	Date:
Conditions:	

# Equipment Carry

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Equipment Carry

Terrain: More to most difficult

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Confidently demonstrates control
7. Confidently demonstrates linked turns or skill maneuvers
8. Demonstrates adaptability to terrain changes
9. Equipment held or wrapped securely
10. Demonstrates awareness for trail merges and skiing public

## Critical Standard:

Does the candidate demonstrate confidence and ability in changing snow surfaces and terrain with a variety of turns and skill maneuvers?

Slope:	Date:
Conditions:	

# Snowplow Skill

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Equipment Carry

Terrain: More to most difficult

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Confidently demonstrates control
7. Confidently demonstrates linked turns or skill maneuvers
8. Demonstrates adaptability to terrain changes
9. Equipment held or wrapped securely
10. Demonstrates awareness for trail merges and skiing public

## Critical Standard:

Does the candidate demonstrate confidence and ability in changing snow surfaces and terrain with a variety of turns and skill maneuvers?

Slope:	Date:
Conditions:	

# Snowplow Skill

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Transition Skill

Terrain: Most difficult, moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Maintains a fall line "corridor" decent
7. Demonstrates consistent speed during all direction changes and terrain changes
8. Changes direction using a braking edge maneuver (not by turning)
9. SNOWBOARDERS shall demonstrates consistent speed during direction changes, going from one braking edge to the other while spinning the board

## Critical Standard:

Does the candidate maintain effective movement while changing direction and not deviating from the "fall line" corridor?

Slope:	Date:
Conditions:	

# Transition Skill

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

# Transition Skill

Terrain: Most difficult, moguled

## Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Maintains a fall line "corridor" decent
7. Demonstrates consistent speed during all direction changes and terrain changes
8. Changes direction using a braking edge maneuver (not by turning)
9. SNOWBOARDERS shall demonstrates consistent speed during direction changes, going from one braking edge to the other while spinning the board

## Critical Standard:

Does the candidate maintain effective movement while changing direction and not deviating from the "fall line" corridor?

Slope:	Date:
Conditions:	

# Transition Skill

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											